

REACH IN LINER NOTES

Reach In : Singing Bowl Offerings by Agu

Reach In reveals a rich, contemplative acoustic sound of uninterrupted beauty. Try listening beyond your hearing to this symphony of singing bowls, bells, and cello.

1. Opening 7:07
2. Sound Elixir 15:37
3. Field of Bliss* 7:45
4. Dream 5:14
5. Moment Out of Time 7:04
6. Reach In* 15:08
7. Bonus Track: Eve 0:46

Total running time: 58:48

* *Featuring Jami Sieber on acoustic cello*

Musicians:

Agu: Korean singing bowl, Himalayan singing bowl, temple bell and tingsha cymbals, American meditation bell and chimes (Remove periods)

Jami Sieber: acoustic cello (3,6)

Eve Irene Sanchez: vocal and singing bowl (7)

Out Front Music

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www.agu-reachin.com

Reach back pull them forward

Reach down lift them up

Reach out bring them in

Reach in for the love that you can give

Chant by Agu and Jami Sieber

Reach In is dedicated to all children, who are our gifts of today and promises of tomorrow.

My deepest gratitude to you, Jami, for your generous musical contributions and production skills in seeing this project through. It was your gift of that first singing bowl to restore my energy, while I was teaching and supporting students, that began this journey for me.

I give special thanks to my students who, throughout my years as an educator, made my life rich beyond words. Many times during the day, we invited the singing bowls to *sound-out* as we *tuned-in*. This practice offered us a collective and personal moment out of time from the stresses and distractions all around us. Together we learned that the resonating harmonics and vibrations created by the singing bowls affect us all deeply and differently.

Thank you to my friends and family who gifted me with the singing bowls that we used in the classroom, and to those who encouraged me to pursue my dream of collaborating with Jami in the making of this CD.

May the free-floating sounds of the bells and strings resonate within you and take you to a place of peaceful mind. Enjoy!

Peace and Love, Agu

Produced by Jami Sieber and Agu

Recorded by David Bladstader at CMP Studios, Santa Fe, NM

Mixed and Mastered by Evan Schiller at zulusound, Seattle, WA

Photos: Jami Sieber

Design: Suzanne Albertson

All songs composed by Jae G. Agu (BMI) except *Field of Bliss* and *Reach In* composed by Jae G. Agu and Jami Sieber (Lush Mechanique Music, BMI)

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reach in

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